

VSP Newsletter
January 2025



Learning – Connecting – Serving

Chair OPEN	Interim Chair Anne Coldwell amc57@comcast.net	Secretary and Membership Kathleen Hokemeir- Seim	Social Events OPEN	Volunteer Events Anne Coldwell amc57@comcast.net
Educational Events Donna Bailey vspmdtret@gmail.com	Newsletter Pat Eichers 2325echo@gmail.com	Treasurer OPEN	Board Members at Large Bob Gabler Patrick Johnson Tim DeLapp	Website http://mdtirees.org/

Our VSP Board wishes you a very Happy New Year!

In this issue:

- 2 Upcoming Volunteer Opportunities
- 1 Educational Event
- A look back: 1 Recent Activity

Volunteerism in 2024

Thanks to all the retirees and employees who volunteered throughout 2024! Remember, you can turn volunteer hours into cash donations for your favorite non-profits - \$200 for every 10 hours of volunteer service, up to \$1000. Log on at <https://medtronic.yourcause.com/home> to convert your volunteer hours to \$\$.

Note: If you would like to bring a friend, please send a note with the friend’s name to Anne Coldwell at amc57@comcast.net. If you would like to volunteer and have trouble accessing the Your Cause Site, please contact Anne Coldwell.

Upcoming VSP Team Volunteer Events

Note: If you would like to bring a friend, please send a note with the friend’s name to Anne Coldwell at amc57@comcast.net. If you would like to volunteer and have trouble accessing the Your Cause Site, please contact Anne Coldwell.

January – Bridging

Date: Wednesday, January 15

Time: 1:00 – 4:00 pm

Location: 1730 Terrance Dr, Roseville, Mn 55113

How to Volunteer:

1. Log in: <https://medtronic.yourcause.com/home>
2. Click on: Volunteer / Search Opportunities
3. Search for: Medtronic Retiree – Bridging
4. Select: Sign up, and then Add Shift

February - The Food Group

Search Term in Your Cause: Medtronic Retiree – the Food Group

Date: Thursday, February 13

Time: 10:00 – 12:00

Location: 8501 54th Avenue North, New Hope, Mn 55428

Upcoming Educational Event

There will be a free educational lunch and learn event at Medtronic OHQ on January 29, 2025 from 1:15-2:30.

Topic: Wealth Management Techniques for Any Weather

We will discuss

- 1) Common Pitfalls to Avoid – the market is not red or blue – it's green;
- 2) Setting Priorities - hating the government is not an investment strategy;
- 3) Effective Portfolio Management – why private investments are a good diversifier; and
- 4) The Art of Estate Planning – Incapacity, Wealth Transfer, Tax Mitigation and Charitable Giving.

Speaker: Angie Thomas, CFP®

Wealth Management & Investment Advisory Services

Website: <https://creativeplanning.com/>

Angie serves as a Wealth Manager, working with clients to create and maintain a customized financial plan addressing all aspects of a healthy financial life, including investments, tax planning, risk management, retirement income planning, and estate planning along with her in-house team of CPAs, attorneys, investment specialists and insurance professionals at Creative Planning.

Date: Wednesday, January 29, 2025, 1-2:30PM

Place: Medtronic Operational Headquarters, 710 Medtronic Parkway, Fridley, MN.

RSVP: **All attendees must pre-register. If you plan to attend, please send an email stating you plan to attend to Donna at vspmdtret@gmail.com** Do NOT send attachments, only send an email providing your name and that you plan to attend.

Meeting Logistics: Medtronic requires a list of all VSP members who will be attending the event so be sure and pre-register. You may bring your own lunch.

1:00-1:10 pm—Arrive at the Visitor Entrance (via employee parking ramp) and check in.

1:15-1:30 pm—Lunch and Introductions

1:30—2:20 pm—Speaker

2:30 pm—Event adjourned

A look back at the December 4, 2024 VSP Gathering

We were happy to host a very pleasant Annual Meeting and Holiday Social Event at the Mermaid. We wish to thank Mandy Iverson and her team from the Medtronic Foundation for their presentation on volunteering and matching grants. Here are a few photos from that event.



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