

VSP Newsletter

March 2018



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Learning – Connecting - Serving

Medtronic VSP Spring Luncheon – May 16, 2018

The Annual Meeting and Spring Luncheon for the Medtronic VSP Group is planned for Wednesday, May 16, at Edinburgh USA. Mark your calendar to attend this popular event which is a great opportunity to catch up with fellow retirees. Registration deadline is Monday, May 7. See details at the end of this newsletter.

Join the Medtronic Foundation for the Launch of Retirees for the Sustainable Development Goals on March 22

The Medtronic Foundation has launched **Retirees for the Sustainable Development Goals (SDGs)** - a toolkit to activate engagement and encourage collaboration to advance the Global Goals.

Retirees for the SDGs will help you understand more about the 17 United Nations Sustainable Development Goals, or Global Goals, and how you can help achieve them through your individual and collective volunteer efforts. In 2015, world leaders representing 197 United Nations member states voted unanimously on these goals as the 17 biggest challenges facing humanity that must be solved by 2030. These include ending poverty and hunger, ensuring good health, and fighting climate change.

The aim of this initiative is not only to educate retirees about the Global Goals movement, but also to inspire you into action for a healthier, better world through your volunteer efforts. The Retirees for the SDGs toolkit consists of two parts. The first is a retiree-led workshop called "Introducing the Global Goals" and the second is an opportunity to take action in your community by volunteering to teach the Global Goals to young people or other community members where you live.

Please join us for "Introducing the Global Goals" at Medtronic Operational Headquarters or by live webinar at 11:00am CT on Thursday, March 22. Lunch will be served to in-person attendees.

Please RSVP with Katie Troyer at katie.troyer@medtronic.com by Friday, March 16.

2018 American Cancer Society Daffodil Days

The Medtronic FOCUS group and the VSP Retiree group are partnering with the American Cancer Society Daffodil Days campaign. Please help us be successful in this campaign by either purchasing daffodils (see attached flyer) or by volunteering to hand out the preordered daffodils (see below).

Deadline for preorders is March 12th. Pick up will be March 20th.

If you have questions on either event, please contact Judy Bergman at (651) 295-4507 or bergmanj3@comcast.net

The Link – Baby Shower

We are having a baby shower for our young families on **Tuesday, March 20th** at **Shepherd of the Lake Lutheran Church in Prior Lake**. The event is from 5 – 7pm. At the Baby Shower event there will be volunteer activities like onesies decorating, dry soup mix making for new moms, diaper bag packs and so much more.

There are many ways to participate.

- **Attend the volunteer event [You can register for the event here.](#)**
- **We have a [gift registry](#) where you can purchase gifts for the shower.**
- **Host a [donation drive](#) for diapers, wipes, and other baby items.**
- **Or Sponsor the event with a gift of \$500 (\$500 includes 4 tickets) or more.**

VSP VOLUNTEER REPORT

Thank you to the following individuals for volunteering at The American Red Cross blood drive from January 29th to February 1st: Noel Barragan, Carol Baumgartner, Mary Bauman, Judy Bergman, Judy Blaha, Ruel Carpenter, Andrea DuCharme, Rick Haws, Doug Kuehl, Jan Miskowic, Judy Murakami, Dianne Ohlenkamp, Carol Riach, Ron Stuedemann, and Kevin Thalín. 229 units of blood was collection. This will save 687 individuals!!

Thank you to the following individuals for volunteering at Bundles of Love on February 22nd: Judy Bergman, Carol Baumgartner, Denise Corbett, Mary Hanson, Mary Jo McCauley, Tonia Shupien, and Rita Torborg. The group created 167 gown kits, surged 75 washcloths and burp clothes, and sewed one quilt top.

FUTURE VSP TEAM VOLUNTEER EVENTS:

- **The Food Group – March 14**
- **American Cancer Society Daffodil Days Pick-up – March 20**
- **Bridging – April 26**
- **Feed My Starving Children – May 24**

The Food Group, Wednesday, March 14

Registration is open*! We will be volunteering at their New Hope location, 8501 54th Avenue North, New Hope from 1:00 p.m. – 3:00 p.m. To register, please log into the Mission in Motion website using the below link and search for the event Retiree – The Food Group.

<https://medtronic.yourcause.com/basic>

If you do not have computer access, please call Judy Bergman at 651-295-4507 to register. If you need help with the website, please contact the YourCause Customer Advocacy Team at medtronic-support@yourcause.com.

Medtronic/American Cancer Society Daffodil Days – Tuesday, March 20

Registration is open*! One of the first flowers of spring, the daffodil is a symbol of hope. To the American Cancer Society, this flower represents the hope we all share for a future where cancer is no longer a life-threatening disease. Two volunteers are needed at each location to hand out preordered Daffodils. Shifts are 11:00 a.m. to 2:00 p.m.

Atria Office/Medtronic (legacy Covidien) – 3033 Campus Drive, 5th floor, Plymouth – 2 volunteers still needed

Berkshire Office/Medtronic (legacy Covidien) – 2300 Berkshire Lane North, Suite #5, Plymouth – 2 volunteers still needed

Medtronic Operational HQ – 710 Medtronic Parkway, Fridley – 2 volunteers still needed

Medtronic Mounds View – 8200 Coral Sea Street NE, Mounds View – 1 volunteer still needed

Medtronic Rice Creek – 7000 Central Avenue NE, Fridley - Full

To register, please log into the Mission in Motion website using the below link and search for the event Retiree - American Cancer Society Daffodil Days Pick-up

<https://medtronic.yourcause.com/basic>

If you do not have computer access, please call Judy Bergman at 651-295-4507 to register. If you need help with the website, please contact the YourCause Customer Advocacy Team at medtronic-support@yourcause.com.

Bridging, Thursday, April 26

Registration is open*! We will be volunteering at their Roseville location, 1730 Terrace Drive from 1:00 p.m. – 3:30 p.m. To register, please log into the Mission in Motion website using the below link and search for the event Retiree – Bridging.

<https://medtronic.yourcause.com/basic>

If you do not have computer access, please call Judy Bergman at 651-295-4507 to register. If you need help with the website, please contact the YourCause Customer Advocacy Team at medtronic-support@yourcause.com.

Feed My Starving Children, Thursday, May 24

Registration is open*! We will be volunteering at their Coon Rapids location, 401 93rd Avenue N.W. from noon – 2:00 p.m. To register, please log into the Mission in Motion website using the below link and search for the event Retiree – Feed My Starving Children.

<https://medtronic.yourcause.com/basic>

If you do not have computer access, please call Judy Bergman at 651-295-4507 to register. If you need help with the website, please contact the YourCause Customer Advocacy Team at medtronic-support@yourcause.com.

OTHER COMMUNITY OPPORTUNITIES FOR VOLUNTEERS:

Volunteering with RSVP means *Personalized Assistance, Choices & Flexibility*

Let RSVP staff work with you to find volunteer opportunities that match your interests, skills and talents. With choices and flexibility, it's almost like customizing your volunteer experience.

For more information about volunteering with RSVP (or to list your volunteer needs), call Corie at 612-704-6114 or email cori.custer@voamn.org.

Habitat for Humanity - ReStore

Volunteers needed to help run ReStore, the Habitat building supply consignment shop. Building supplies are donated to Habitat by local construction companies. There are two locations – New Brighton and South Minneapolis. Hours of work are flexible to the volunteer's schedule. For more information or to volunteer go to the following website: <http://www.habitat.org/restores>

American Cancer Society – Road to Recovery

Donate your passenger seat to help save lives. Volunteer to drive cancer patients to treatment. One of the biggest roadblocks to cancer care is transportation. That's why the American Cancer Society Road to Recovery program helps provide patients with free rides to treatment. For more information or to register go to <http://www.cancer.org> or call 1-800-227-2345.

OTHER COMMUNITY OPPORTUNITIES: Please check the following websites for other individual and small group volunteer opportunities:

<http://www.volunteermatch.org/search/index.jsp?r=20.0&aff=&l=Minneapolis%2C+MN%2C+USA&o=recency&s=11>

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MEDTRONIC FOUNDATION GRANTS **(VOLUNTEER AND MATCHING DONATIONS)**

To log your hours for the 25-hour annual Volunteer Grants *and* to match your monetary donations to qualifying charitable organizations dollar for dollar through Medtronic Foundation's Matching Grants program, go to the Mission in Motion website at <https://medtronic.yourcause.com/basic>

If you have never used the site before, fill out the Retiree Registration form here:

<https://medtronicfoundation.wufoo.com/forms/medtronic-retiree-registration/>. Submit your e-mail address. Within 48 hours, you will receive login credentials for the Mission in Motion community accessed above through Google, Chrome, Firefox, Safari, or Internet Explorer

For questions about this process or website, contact Noi Keothammakhoun at noi.keothammakhoun@medtronic.com or the *YourCause Customer Advocacy Team* at medtronic-support@yourcause.com.



Medtronic VSP Spring Luncheon

Wednesday, May 16, 2018

**Arrival and Social Hour - 11:00 – Noon
Lunch served at Noon**

Edinburgh USA, 8700 Edinbrook Crossing, Brooklyn Park, MN 55443

(Hwy #252, west on 85th Ave. 1 ½ miles to Edinbrook Crossing and turn right)

www.edinburghusa.org

Highlands Ballroom (located upstairs)

Our guest speaker is David Campbell, one of the founders of All Hands and Hearts (allhandsandhearts.org). This organization provides volunteers for disaster relief. Medtronic will be partnering with them to provide their services to Puerto Rico. Employees and retirees will be able to volunteer with this organization to help in Puerto Rico during 2018. We will also hear an overview from the Medtronic Foundation regarding how Medtronic handled the challenges created by the devastating hurricane in Puerto Rico and the wild fires in California. In Puerto Rico four facilities and 5,000 Medtronic employees were affected by the hurricane and four facilities in California and many employees were impacted by the fires..

Entrees Choices

Pomegranate Chicken – sautéed Breast of Chicken, with Rosemary Pomegranate Sauce – \$18

Sautéed Walleye – Canadian Walleye Fillets, Toasted Almonds and Capers with Lemon Garlic Butter Sauce – \$23

Vegetable Cavatappi – Spiral Pasta with Baby Spinach, Artichokes, Broccoli, Asparagus, Plum Tomatoes, Red Onion and Summer Squash in a Light Mushroom Sauce - \$17

Entrées will be accompanied with Yukon Smashed Potatoes, Roasted Asparagus and served with a Garden Salad, freshly-baked artisan sourdough baguette, sweet butter, coffee or tea. Family-style platters of brownies and bars will also be included with your meal.

Meal prices include tax and gratuity. A portion of the meal cost is being paid by the VSP Group.

SPRING LUNCHEON REGISTRATION
(Registration Deadline: Monday, May 7th)

Retiree Name _____

Guest Name _____

Phone _____ **E-mail** _____

_____ **Pomegranate Chicken @ \$18** \$ _____

_____ **Sauteed Walleye @ \$23** \$ _____

_____ **Vegetable Cavatappi @ \$17** \$ _____

Amount Enclosed \$ _____

Please make your check payable to: Medtronic VSP

Mail to: Denise Corbett
1601 Rice Creek Road NE
Fridley, MN 55432



AMERICAN CANCER SOCIETY

Daffodil Days[®]

Hope By The Bunch[®]

2018 American Cancer Society Daffodil Days

Why daffodils?

One of the first flowers of spring, the daffodil is a symbol of hope. To the American Cancer Society, this flower represents the hope we all share for a future where cancer is no longer a life-threatening disease. Daffodil will be distributed at Medtronic on Tuesday, March 20th, 2018 from 11am – 2pm.

How do daffodils support the fight against cancer?

Dollars raised through Daffodil Days campaigns help the American Cancer Society fund groundbreaking cancer research, provide up-to-date cancer information and education, advocate for public policies that benefit the community, and provide services to improve the quality of life for patients and their families.

What do I have to do to participate?

It's easy! Just follow these three steps:

Step 1: Go to <https://www.crowdrise.com/o/en/campaign/medtronic3> and click on "Order Daffodils"

Step 2: Fill in the required fields, including pick up location and click "Donate". Order deadline is March 12th !

Step 3: Pick up your flowers on Tuesday, March 20th, 2018 between 11am – 2pm at selected location.
**Pre-sales only, no onsite sales.*

Pick Up Locations include:

- Atria Office/Medtronic - 3033 Campus Drive, 5th Floor, Plymouth, MN 55441
- Berkshire Office/Medtronic - 2300 Berkshire Lane North, Suite #5, Plymouth, MN 55441
- Operational Headquarters (OHQ) - 710 Medtronic Parkway, Fridley, MN 55432
- Mounds View/Medtronic - 8200 Coral Sea Street N.E., Mounds View, MN 55112
- Rice Creek Facility/Medtronic - 7000 Central Avenue NE, Fridley, MN 55432

Your American Cancer Society Daffodil Days contacts:
Jessica Hoffman | 305.345.7250 | jessica.hoffman@cancer.org



1.800.227.2345 | cancer.org

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