

VSP Newsletter

January 2018



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Learning – Connecting - Serving

Winter Social Event

Plan now to attend our winter social event on Sunday, March 11! A limited number of tickets have been reserved for dinner and play, "Over the River and Through the Woods" presented by the Season's Dinner Theatre at Majestic Oaks in Coon Rapids. Fabulous seating in the first two rows! This is a hilarious, family comedy loaded with laughs for everyone! See flyer at end of newsletter for information and registration. Don't miss this!!

Medtronic Project Warm Hearts Volunteer Opportunity

Project Warm Hearts is a group of Medtronic retirees and spouses that knit, crochet or sew items for community donation. At our last meeting in November, members donated 269 items and logged a total of 1,047 volunteer hours. Organizations identified to receive the handcrafted items include Greater Minneapolis Crisis Nursery, Bridging, People Serving People, Life Haven, Salvation Army, Bundles of Love, Alexandra House, American Cancer Society (Hope Lodge) and Stepping Stone Emergency Housing. Once a retiree volunteers 25 hours creating items for any of these charitable organizations, a \$500 annual Medtronic Philanthropy Grant can be sent in their name. Contact Karen Kutzner at kutznk@msn.com or 763-560-7995 if you would like to join the group, for additional information, or to contribute yarn, cotton or flannel fabric to the Project Warm Hearts volunteer group. The next meeting is scheduled for 1:00 p.m. on Friday, February 2, at Medtronic Operational HQ in the Education Center Guest Dining Room.

Habitat for Humanity – Minneapolis, Wed., January 10

Registration is open! The new home we will be working on is located at 2542 12th Ave South, Minneapolis, 8:30 am – 4:00 pm. Please arrive by 8:20; bring your snacks/beverages. Habitat for Humanity is treating the crew to pizza for lunch on this date. Bring work gloves if you'd like. To register, please use the following link. Click on "Sign Up".

<http://medtronicrogulars.tchabitat.volunteerhub.com/> First-time volunteers for Hab for Hum, be sure to accept their online waiver. Any questions re: the opportunity, please contact: April Emerson – april.d.emerson@gmail.com Mobile: 612-735-1716; Ann Cafferty – acafferty@msn.com Mobile 612-747-4160.

Habitat for Humanity – ReStore, New Brighton, Wednesday, February 14

Registration is open! For our February volunteer opportunity, we will be at the ReStore center located at 510 County Road D West, New Brighton, 10:00 am – 2:00 pm. Bring your lunch/snacks/beverages. To register, please use the following link. Click on “Sign Up”.

<http://medtronicregulars.tchabitat.volunteerhub.com/> First-time volunteers for Hab for Hum, be sure to accept their online waiver. Any questions re: the opportunity, please contact: April Emerson – april.d.emerson@gmail.com Mobile: 612-735-1716; Ann Cafferty – acafferty@msn.com Mobile 612-747-4160

American Cancer Society Daffodil Days

Medtronic will once again participate in the American Cancer Society Daffodil Days. Look for details in the next newsletter on how to volunteer and/or order Daffodils.

VSP VOLUNTEER REPORT

Thank you to the following individuals for volunteering at the Medtronic Children’s Holiday Party on December 1st and 2nd: Karin Chisholm, Pete Dolan, Sandy Knobel, Jan Miskowic, Dianne Ohlenkamp, Carol Riach, Carol Roller, and Tom Rooney.

Thank you to the following individuals for volunteering at Habitat for Humanity December 13th: Ann Cafferty, Bill Cafferty, Ruel Carpenter and April Emerson. Painting and other miscellaneous tasks were completed at a house in Blaine.

Thank you to the following individuals for volunteering at Feed My Starving Children on December 14th: Judy Bergman, Ruel Carpenter, Ann Coldwell, Andrea DuCharme, Mary Hanson, Rick Haws, Karen Kutzner, Kurt Kutzner, Kathy Larson, Ann Minter, Beau Orchard, Gail Sidor, Barb Wedekind, and Tom Wedekind. The group helped pack 238 boxes of food which equal 51,192 meals. Enough to feed 140 children for a year.

FUTURE VSP TEAM VOLUNTEER EVENTS:

- **Second Harvest Heartland – January 11**
- **American Cancer Society Hope Lodge – January 23**
- **American Red Cross/Medtronic Blood Drive – 1/29 – 2/1**
- **Bundles of Love – February 22**
- **The Food Group – March 14**

Second Harvest Heartland – Maplewood, Thursday, January 11

Event is full! We will be volunteering at their Maplewood location at 1140 Gervais Avenue from 2:00 – 4:00 p.m. To register, please log into the Mission in Motion website using the below link and search for the event Retiree – 2HH - Maplewood.

<https://medtronic.yourcause.com/basic>

If you do not have computer access, please call Judy Bergman at 651-295-4507 to register. If you need help with the website, please contact the YourCause Customer Advocacy Team at medtronic-support@yourcause.com.

American Cancer Society Hope Lodge, Tuesday, January 23

Event is full*! The Richard M. Schulze Family American Cancer Society Hope Lodge® in Minneapolis offers private rooms for the comfort of its guests and their caregiver. Fostering a home-like environment, the Hope Lodge facility is equipped with a community dining room, kitchen, family room, library and laundry facilities. The Hope Lodge community also offers guests a wide variety of cancer programs and services that provide information, resources and support to ease the cancer journey. In honor of National Pie Day, we will be taking and serving pie to the guests and caregivers staying at Hope Lodge from 1:00 – 3:00 p.m. Hope Lodge is located at 2500 University Avenue in Minneapolis. To register, please log into the Mission in Motion website using the below link and search for the event Retiree – American Cancer Society Hope Lodge <https://medtronic.yourcause.com/basic>

If you do not have computer access, please call Judy Bergman at 651-295-4507 to register. If you need help with the website, please contact the YourCause Customer Advocacy Team at medtronic-support@yourcause.com.

American Red Cross Blood Drive, Monday, 1/29 to Thursday, 2/1

Registration is open*! Good news, the blood drive is moving back into the facilities. It will be held in the Wellness Center at Mounds View, Rice Creek and Sullivan Lake and in a conference room at MECC. We will need three volunteers at each location (2 for check-in and 1 to serve snacks after donation) from 8:45 a.m. to 3:00 p.m.

Mounds View – January 29 – 3 volunteers needed
and January 30 – 3 volunteers needed

MECC – January 29 – 3 volunteers needed

Rice Creek – January 31 – 2 volunteers needed
and February 1 – 2 volunteers needed

Sullivan Lake – February 1 – 3 volunteers needed

To register, please log into the Mission in Motion website using the below link and search for the event Retiree – Blood Drive

<https://medtronic.yourcause.com/basic>

If you do not have computer access, please call Judy Bergman at 651-295-4507 to register. If you need help with the website, please contact the YourCause Customer Advocacy Team at medtronic-support@yourcause.com.

Bundles of Love, Thursday, February 22

Registration is open*! Bundles of Love Charity is a volunteer driven nonprofit organization that partners with community service agencies to assist Minnesota families in need by providing handmade baby clothing, bedding and basic care items for their newborns. Their vision is to gather communities to support a parent and newborn. They offer peace of mind for families and provide important, essential and practical supplies to show that someone cares. Volunteers will be doing both sewing and non-sewing activities (i.e. cut, sort, match, and package things). We will be volunteering at their New Brighton location, 445 Old Highway 8, New Brighton from 10:00 a.m. – 1:00 p.m. To register, please log into the Mission in Motion website using the below link and search for the event Retiree – Bundles of Love.

<https://medtronic.yourcause.com/basic>

If you do not have computer access, please call Judy Bergman at 651-295-4507 to register. If you need help with the website, please contact the YourCause Customer Advocacy Team at medtronic-support@yourcause.com.

The Food Group, Wednesday, March 14

Registration is open! We will be volunteering at their New Hope location, 8501 54th Avenue North, New Hope from 1:00 p.m. – 3:00 p.m. To register, please log into the Mission in Motion website using the below link and search for the event Retiree – The Food Group.

<https://medtronic.yourcause.com/basic>

If you do not have computer access, please call Judy Bergman at 651-295-4507 to register. If you need help with the website, please contact the YourCause Customer Advocacy Team at medtronic-support@yourcause.com.

OTHER COMMUNITY OPPORTUNITIES FOR VOLUNTEERS:

Volunteering with RSVP means Personalized Assistance, Choices & Flexibility

Let RSVP staff work with you to find volunteer opportunities that match your interests, skills and talents. With choices and flexibility, it's almost like customizing your volunteer experience. For more information about volunteering with RSVP (or to list your volunteer needs), call Corie at 612-704-6114 or email cori.custer@voamn.org.

Habitat for Humanity - ReStore

Volunteers needed to help run ReStore, the Habitat building supply consignment shop. Building supplies are donated to Habitat by local construction companies. There are two locations – New Brighton and South Minneapolis. Hours of work are flexible to the volunteer's schedule. For more information or to volunteer go to the following website: <http://www.habitat.org/restores>

American Cancer Society – Road to Recovery

Donate your passenger seat to help save lives. Volunteer to drive cancer patients to treatment. One of the biggest roadblocks to cancer care is transportation. That's why the American Cancer Society Road to Recovery program helps provide patients with free rides to treatment. For more information or to register go to <http://www.cancer.org> or call 1-800-227-2345.

OTHER COMMUNITY OPPORTUNITIES: Please check the following websites for other individual and small group volunteer opportunities:

<http://www.volunteermatch.org/search/index.jsp?r=20.0&aff=&l=Minneapolis%2C+MN%2C+USA&o=recency&s=11>



MEDTRONIC FOUNDATION GRANTS
(VOLUNTEER AND MATCHING DONATIONS)

To log your hours for the 25-hour annual Volunteer Grants *and* to match your monetary donations to qualifying charitable organizations dollar for dollar through Medtronic Foundation's Matching Grants program, go to the Mission in Motion website at <https://medtronic.yourcause.com/basic>

If you have never used the site before, fill out the Retiree Registration form here: <https://medtronicfoundation.wufoo.com/forms/medtronic-retiree-registration/>. Submit your e-mail address. Within 48 hours, you will receive login credentials for the Mission in Motion community accessed above through Google, Chrome, Firefox, Safari, or Internet Explorer. For questions about this process or website, contact Noi Keothammakhoun at noi.keothammakhoun@medtronic.com or the YourCause Customer Advocacy Team at medtronic-support@yourcause.com.

The Season's Dinner Theatre at Majestic Oaks presents



Sunday, March 11, 2018

Dinner Seating 4:30 pm – Show 6:30 pm

Tickets - \$56.00

Nick is a single, Italian-American, up and coming young man living in New Jersey, whose parents have retired and moved to Florida. His grandparents (Frank and Aida; Nunzio and Emma), however, still live close by and dote on their only grandson, looking forward to Sunday family dinners each week to connect with and helpfully guide Nick's life. However, when Nick's 'dream job' in Seattle threatens to steal their grandson away, they scheme (in the most loving way possible, of course) to keep him in New Jersey, not the least of which is introducing him to the beautiful and single Caitlin O'Hare. This is hilarious, family comedy, loaded with laughs for everyone!

The theatre is located at Majestic Oaks Golf Club, 701 Bunker Lake Blvd. NE, Ham Lake, MN



Tables C-2 – C-6 and D-1 – D5 have been reserved for our group.

Ticket price includes your choice of one of the following entrées (selected at the theater):

- **Pork Loin with Cherry Port Wine Sauce**
- **Slow Roasted Prime Rib**
- **Baked Tilapia**
- **Cranberry Orange Chicken**
- **Florentine Ravioli**

All entrees served with fresh garden salad, dinner roll, Yukon gold roasted potatoes, and fresh vegetable du jour.

Deadline to Register – Friday, February 23, 2018

Questions – Call Jan Miskowic (612) 801-5649

Name(s) _____

_____ tickets @ \$56.00 each (includes dinner, show and tax) Gratuity for the meal is not included in this price.

Total enclosed _____ Make checks payable to: Medtronic VSP

Mail to Denise Corbett, 1601 Rice Creek Road, Fridley, MN 55432