

VSP Newsletter

April 2018



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Learning – Connecting - Serving

Retiree Access to MDT Facilities

As of April 1, 2018, all retirees must be escorted at all times while in Medtronic facilities. See letter provided to VSP Board at the end of this newsletter. This is the letter that Security will be providing to retirees at building entrances.

Annual Spring Luncheon Registrations Due by May 7

Remember to register for the VSP Annual Spring Luncheon and Meeting held on Wednesday, May 16. Registration information is at the end of the newsletter. We are working to have a Medtronic line manager who had an employee in Puerto Rico during the hurricane and how she and the employee dealt with the crisis. We may be able to have the employee also give their perspective via web ex.

Support Medtronic Foundation's Disaster Relief Partner at the 2018 VSP Annual Luncheon

David Campbell, founder and chairman of All Hands Volunteers, now All Hands and Hearts (<https://www.allhandsandhearts.org/>) is this year's VSP Annual Luncheon guest speaker. (Copy and paste into a browser if you are unable to open this link.) All Hands and Hearts addresses the immediate and long-term needs of communities impacted by natural disasters by engaging volunteers, partners and local communities. Medtronic Foundation partners with All Hands and Hearts to provide employees and retirees with volunteer opportunities around the world including in Puerto Rico. Medtronic Foundation will also provide an overview on the support given to communities impacted by recent disasters. Staff will be available to answer questions and assist with making credit card donations (No cash) to All Hands and Hearts during the luncheon. All retirees donating onsite will receive a Mission in Motion t-shirt.

CALL TO ACTION:

1) Support All Hands and Hearts' Puerto Rico disaster relief efforts by making a donation on Mission in Motion by using Google Chrome web browser and visiting

<https://medtronic.yourcause.com/basic>. Once you are logged in to Mission in Motion, search for All Hands and Hearts' EIN Number (20-3414952).

2) Learn more about Puerto Rico disaster relief volunteer opportunities by visiting Mission in Motion by using Google Chrome web browser and visiting <https://medtronic.yourcause.com/basic>. Once you are logged in to Mission in Motion, enter keyword search 'Puerto Rico'.

U of M Honors Earl Bakken

A fellow retiree forwarded a communication from the U of M College of Science & Engineering with the information that two health-focused interdisciplinary centers have been renamed in honor of Earl - the "Earl E. Bakken Medical Devices Center" and the "Earl E. Bakken Center for Spirituality & Healing". You can find the article at cse.umn.edu/inventingtomorrow, Winter 2018 edition, page 33.

Habitat for Humanity – Minneapolis, Wednesday, April 18

Registration is open! The rehab home we will be working on is located at 10849 Oxborough Ave S., Bloomington, 8:30 am – 4:00 pm. Please arrive by 8:20; bring your snacks/beverages and lunch. Bring work gloves if you'd like. To register, please use the following link. Click on "Sign Up".

<http://medtronicregulars.tchabitat.volunteerhub.com/> First-time volunteers for Habitat for Humanity, be sure to accept their online waiver. Any questions re: the opportunity, please contact: April Emerson – april.d.emerson@gmail.com C: 612-735-1716; Ann Cafferty – acafferty@msn.com C: 612-747-4160.

Habitat for Humanity – “A Brush with Kindness, Wednesday, May 9

Registration is open! For our May volunteer opportunity, we will be at 4242 Stevens Ave S., Minneapolis, working on home repairs as part of Habitat's "Brush with Kindness" 8:30 am – 4:00 pm. Reminder to bring your lunch/snacks/beverages and if you'd like, work gloves. To register, please use the following link. Click on "Sign Up".

<http://medtronicregulars.tchabitat.volunteerhub.com/> First-time volunteers for Habitat for Humanity, be sure to accept their online waiver. Any questions re: the opportunity, please contact: April Emerson – april.d.emerson@gmail.com C: 612-735-1716; Ann Cafferty – acafferty@msn.com C: 612-747-4160

VSP VOLUNTEER REPORT

Thank you to the following individuals for volunteering at The Food Group on March 14th: Mary Bauman, Judy Bergman, Ruel Carpenter, Anne Coldwell, Andrea DuCharme, Mary Hanson, Rick Haws, Kenneth Heruth, Karen Kutzner, Kurt Kutzner and Gail Sidor. The group repacked 3,675 pounds of garbanzo beans and canned peas. This equates to 3,063 meals or 204 meals per volunteer.

Thank you to the following individuals for volunteering at the American Cancer Society Daffodil Days pick-up on March 20th: Judy Bergman, Ruel Carpenter and Andrea DuCharme. Medtronic employees and retirees raised \$2,990 for the American Cancer Society from this event. This does not include the company match.

FUTURE VSP TEAM VOLUNTEER EVENTS:

- Bridging – April 26
- Project 6 - Puzzle Kitting – May 10
- Feed My Starving Children – May 24
- Project 6 – 2HH Brooklyn Park – June 27
- Habitat for Humanity – April 18
- Habitat for Humanity – May 9

Bridging, Thursday, April 26

Event is Full! We will be volunteering at their Roseville location, 1730 Terrace Drive from 1:00 p.m. – 3:30 p.m. To register, please log into the Mission in Motion website using the below link and search for the event Retiree – Bridging. <https://medtronic.yourcause.com/basic>. *If you do not have computer access, please call Judy Bergman at 651-295-4507 to register. If you need help with the website, please contact the YourCause Customer Advocacy Team at medtronic-support@yourcause.com.*

Project 6 – Puzzle Kitting, Thursday, May 10

Registration is open*! We will be putting together puzzle kits to benefit HCMC and The Minnesota Brain Alliance for a Project 6 event at Operational Headquarters from 1:00 p.m. – 3:30 p.m. To register, please log into the Mission in Motion website using the below link and search for the event Retiree – Project 6 Puzzle Kitting. <https://medtronic.yourcause.com/basic>

If you do not have computer access, please call Judy Bergman at 651-295-4507 to register. If you need help with the website, please contact the YourCause Customer Advocacy Team at medtronic-support@yourcause.com.

Feed My Starving Children, Thursday, May 24

Event is Full*! We will be volunteering at their Coon Rapids location, 401 93rd Avenue N.W. from noon – 2:00 p.m. To register, please log into the Mission in Motion website using the below link and search for the event Retiree – Feed My Starving Children. <https://medtronic.yourcause.com/basic>

If you do not have computer access, please call Judy Bergman at 651-295-4507 to register. If you need help with the website, please contact the YourCause Customer Advocacy Team at medtronic-support@yourcause.com.

Second Harvest Heartland – Brooklyn Park, Wednesday, June 27

Registration is open*! This is a Project 6 volunteer event. We will be volunteering at their new location in Brooklyn Park, 7101 Winnetka Avenue North from 1:00 p.m. – 3:30 p.m. To register, please log into the Mission in Motion website using the below link and search for the event Retiree – 2HH Brooklyn Park – Project 6. <https://medtronic.yourcause.com/basic>

If you do not have computer access, please call Judy Bergman at 651-295-4507 to register. If you need help with the website, please contact the YourCause Customer Advocacy Team at medtronic-support@yourcause.com.

OTHER COMMUNITY OPPORTUNITIES FOR VOLUNTEERS:

Helpers for Adult Education Classes - Minneapolis Public Schools

Davis Center, 1250 W. Broadway, Minneapolis, 55411

Assist a licensed teacher with an adult education class. Prior tutoring experience is not required. Orientation and free training are provided.

These classes are available:

ESL - Writing

Support small groups as they learn a range of basic skills from capitalization and punctuation to writing sentences and paragraphs.

- Basic keyboarding skills are important for this volunteer position.
- Shifts are available Monday through Thursday, 8:30 to 9:30 AM.
- Time commitment: a minimum of three months.
- Sign up for one or more shifts a week, based on your availability.

Reading and Writing

Assist students as they as they learn to compare readings, interpret charts, understand figurative language, identify information, write their thoughts succinctly, and proofread their own writing.

- Shifts are available Monday through Thursday, 9:30 to 11:30 AM.
- Time commitment: a minimum of three months.
- Sign up for one or more shifts a week, based on your availability.

Ample, free parking is available at Davis Center.

If you live in the East Metro there are adult education classes that also need volunteers.

For more information, contact Corie Custer, 612-704-6114 or [email Corie](mailto:corie@yourcause.com).

Senior Nutrition: Drivers for Home Delivered Meals - Scott, Carver, Dakota County CAP Agency, Inc. - East Metro locations

Make a senior's day by delivering a smile and a nutritious meal to the door. Meals are prepared by CAP and delivered by volunteer drivers along a designated route. This position requires access to a personal vehicle. Orientation and training are provided.

Time commitment: 10:30 to noon, weekdays. Sign up for one or more shifts a week, based on your availability.

Route locations: choose a route that is convenient for you in the following cities.

- In Scott County -- Jordan, New Prague, Prior Lake, *Shakopee
- In Carver County -- Chanhassen, Chaska, Waconia
- In Dakota County -- Farmington, Lakeville, Rosemount

* There is a special need for drivers in Shakopee.

If you live in the East Metro there are meal delivery routes that also need volunteers.

For more information, contact Corie at 612-704-6114 or [email Corie](mailto:corie@voamn.org).

Volunteering with RSVP means *Personalized Assistance, Choices & Flexibility*

Let RSVP staff work with you to find volunteer opportunities that match your interests, skills and talents. With choices and flexibility, it's almost like customizing your volunteer experience.

For more information about volunteering with RSVP (or to list your volunteer needs), call Corie at 612-704-6114 or email cori.custer@voamn.org.

Habitat for Humanity - ReStore

Volunteers needed to help run ReStore, the Habitat building supply consignment shop. Building supplies are donated to Habitat by local construction companies. There are two locations – New Brighton and South Minneapolis. Hours of work are flexible to the volunteer's schedule. For more information or to volunteer go to the following website: <http://www.habitat.org/restores>

American Cancer Society – Road to Recovery

Donate your passenger seat to help save lives. Volunteer to drive cancer patients to treatment. One of the biggest roadblocks to cancer care is transportation. That's why the American Cancer Society Road to Recovery program helps provide patients with free rides to treatment. For more information or to register go to <http://www.cancer.org> or call 1-800-227-2345.

OTHER COMMUNITY OPPORTUNITIES: Please check the following websites for other individual and small group volunteer opportunities:

<http://www.volunteermatch.org/search/index.jsp?r=20.0&aff=&l=Minneapolis%2C+MN%2C+USA&o=recency&s=11>



MEDTRONIC FOUNDATION GRANTS
(VOLUNTEER AND MATCHING DONATIONS)

To log your hours for the 25-hour annual Volunteer Grants *and* to match your monetary donations to qualifying charitable organizations dollar for dollar through Medtronic Foundation's Matching Grants program, go to the Mission in Motion website at <https://medtronic.yourcause.com/basic>

If you have never used the site before, fill out the Retiree Registration form here:

<https://medtronicfoundation.wufoo.com/forms/medtronic-retiree-registration/>. Submit your e-mail address.

Within 48 hours, you will receive login credentials for the Mission in Motion community accessed above through Google, Chrome, Firefox, Safari, or Internet Explorer

For questions about this process or website, contact Noi Keothammakhoun at

noi.keothammakhoun@medtronic.com or *the YourCause Customer Advocacy Team* at medtronic-support@yourcause.com.



Medtronic VSP Spring Luncheon

Wednesday, May 16, 2018

**Arrival and Social Hour - 11:00 – Noon
Lunch served at Noon**

Edinburgh USA, 8700 Edinbrook Crossing, Brooklyn Park, MN 55443

(Hwy #252, west on 85th Ave. 1 ½ miles to Edinbrook Crossing and turn right)

www.edinburghusa.org

Highlands Ballroom (located upstairs)

David Campbell, founder and chairman of All Hands Volunteers, now All Hands and Hearts (allhandsandhearts.org), is this year's VSP annual luncheon guest speaker. All Hands and Hearts addresses the immediate and long-term needs of communities impacted by natural disasters by engaging volunteers, partners and local communities. Medtronic Foundation partners with All Hands and Hearts to provide employees and retirees with volunteer opportunities around the world including Puerto Rico. Medtronic Foundation will also provide an overview on the support given to communities impacted by the recent disasters.

Entrees Choices

Pomegranate Chicken – sautéed Breast of Chicken, with Rosemary Pomegranate Sauce – \$18

Sautéed Walleye – Canadian Walleye Fillets, Toasted Almonds and Capers with Lemon Garlic Butter Sauce – \$23

Vegetable Cavatappi – Spiral Pasta with Baby Spinach, Artichokes, Broccoli, Asparagus, Plum Tomatoes, Red Onion and Summer Squash in a Light Mushroom Sauce - \$17

Entrées will be accompanied with Yukon Smashed Potatoes, Roasted Asparagus and served with a Garden Salad, freshly-baked artisan sourdough baguette, sweet butter, coffee or tea. Family-style platters of brownies and bars will also be included with your meal. Meal prices include tax and gratuity. A portion of the meal cost is being paid by the VSP Group.

SPRING LUNCHEON REGISTRATION
(Registration Deadline: Monday, May 7th)

Retiree Name _____

Guest Name _____

Phone _____ **E-mail** _____

_____ **Pomegranate Chicken @ \$18** \$ _____

_____ **Sauteed Walleye @ \$23** \$ _____

_____ **Vegetable Cavatappi @ \$17** \$ _____

Amount Enclosed \$ _____

Please make your check payable to: Medtronic VSP

Mail to: Denise Corbett
1601 Rice Creek Road NE
Fridley, MN 55432



Medtronic

710 Medtronic Parkway
Minneapolis, MN 55432
USA
www.medtronic.com

March 28, 2018

Dear Retiree:

This notice is to inform all our retiree's that beginning April 1, 2018 there will be a change to how retiree access Medtronic facilities. Due to changes with Medtronic global security and facility access control policies and standards, beginning April 1, 2018, you will need to arrange for a Medtronic employee to be with you at all times while on Medtronic property to provide an escort to and from the guest entrances of the buildings. Your escort will need to remain with you the entire time while you are in any Medtronic facility.

As Medtronic retirees are typically invited to some company events (e.g., holiday program at Operational Headquarters in December) that during these larger, invite only events retirees will be allowed general area access without an escort; however starting April 1st 2018, for all other dates and circumstances, including the onsite fitness centers, cafeteria, coffee shops, visiting current Medtronic personnel, meetings, retiree events, off hour events or visiting the company store, that an escort must be arranged and to be with you at all times. Should you have questions, please reach out to Employee Relations at 763-505-5692.

Thank you for your commitment to our new policy and procedure.