

# VSP Newsletter December 2016



## VSP Board

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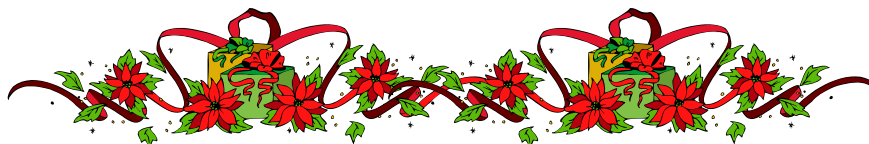
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**Website:** <http://mdt retirees.org/>

## *Learning – Connecting - Serving*



### **VSP Holiday Social**

Over 80 people registered for the annual VSP Holiday Social on Wednesday, December 7, at the Mermaid in Mounds View. Fun, friends, and good food were enjoyed by all. Thanks to all who made donations to Alexandra House. Two bags of gifts as well as \$437 in cash were donated. Click here [Holiday Social photo](#) for a photo of the festivities.

### **February Social Event - Million Dollar Quartet**

You will be tempted to sing along at this musical which brings to the stage the extraordinary twist of fate that brought Elvis Presley, Johnny Cash, Jerry Lee Lewis and Carl Perkins together for one of the greatest jam sessions ever! Mark your calendar for Wed., Feb. 15. Details at the end of this newsletter.

### **Year End message from Ron Stuedemann, VSP Board Chair**

November 21, 2016

As we are now in the Thanksgiving period and preparing for a busy holiday season and a new year, it is time to reflect on what we can be thankful and grateful for in the past year. While we all have our lists and there is much for which to be thankful, one on my list is all the time and effort that Medtronic Retirees are giving in supporting their favorite charities and local communities in which they live.

Earl Bakken gave us the roadmap with the sixth Corporate Objective but he also has set the standard in his retirement in supporting charity and community efforts throughout Hawaii and the world. His "Live On, Give On" program is another strong example of people, including retirees, giving back to their communities; another outstanding model for us to follow and one to be thankful for.

The Medtronic Foundation is also providing outstanding resources for employees and retirees to care for people in their communities. While not all retirees participate in the charitable matching program, volunteer grant program, or log their volunteer hours, enough of us do to indicate there is "Life After Work" with many contributions of time, talent, and treasure being given back in retirement.

Statistics from the past year show that Medtronic Retirees have logged over 35,000 volunteer hours, supported 4,879 different charities, and had 198 (\$500) volunteer grants paid out along with the matching dollars provided for our charitable donations.

I know the above is only a small sample of what is truly happening with all retirees as not all is reported and some chose not to participate in the Foundation programs and process. However, this is truly outstanding and I want to thank all of you for what you do, for living the Medtronic mission, and for giving and volunteering to make a better world. You can and are making a difference in a very positive way.

Happy Thanksgiving and Happy Holidays to all!

## **VSP VOLUNTEER REPORT**

Thank you to these VSP and family members for volunteering at Second Harvest Heartland in Golden Valley on November 17<sup>th</sup>: Sue Ahlstrom, Judy Bergman, Joanne Cramer, Andrea DuCharme, Mary Hanson, Ken Heruth, Karen Kutzner, Kurt Kutzner, James Larsen, Gail Sidor and Greg Sidor. The group along with group of current Medtronic employees helped pack 5,156 pounds of rice, enough for 4,396 meals. Each volunteer packed 57 meals.

### **FUTURE VSP TEAM VOLUNTEER EVENTS:**

- **Second Harvest Heartland – Maplewood – January 17**
- **American Cancer Society Hope Lodge – January 23**
- **Medtronic/American Red Cross Blood Drive – January 30 – February 2**
- **Habitat for Humanity – February 9**

### **Second Harvest Heartland – Maplewood, Tuesday, January 17**

*Registration is open\*!* We will be volunteering at their Maplewood location at 1140 Gervais Avenue from 2:00 p.m. – 4:00 p.m. To register, please log into the Mission in Motion website using the below link and search for the event Retiree – 2HH – Maplewood.

<https://medtronic.yourcause.com/yourcause-ss0/contractorlogin.aspx?subdomain=medtronic>

*If you do not have computer access, please call Judy Bergman at 651-295-4507 to register. If you need help with the website, please contact Alison Stinar at [astinar@yourcause.com](mailto:astinar@yourcause.com).*

### **American Cancer Society – Hope Lodge, Monday, January 23**

*Registration is open\*!* Hope Lodge (located at 2500 University Ave. S.E., Minneapolis) is a place where cancer patients and their care giver stay at no cost while they are undergoing treatment. January 23<sup>rd</sup> is National Pie day and to help brighten up their day, we will be delivering and serving pies to the guests at Hope Lodge. We need five (5) volunteers to purchase and serve the

pies from 1:00 – 3:00 p.m. To register, please log into the Mission in Motion website using the below link and search for the event Retiree – ACS Hope Lodge.

<https://medtronic.yourcause.com/yourcause-ss0/contractorlogin.aspx?subdomain=medtronic>

*If you do not have computer access, please call Judy Bergman at 651-295-4507 to register. If you need help with the website, please contact Alison Stinar at [astinar@yourcause.com](mailto:astinar@yourcause.com).*

### **Medtronic/American Red Cross Blood Drive – Monday, January 30 – Thursday, February 2**

***Registration is open\**** Two greeters are needed at each location each day. Shifts are 9:00 a.m. to 3:00 p.m. Plan to arrive by 8:45 a.m.

Monday, January 30 – MECC (new location)

Monday, January 30 – Mounds View

Tuesday, January 31 – Mounds View

Wednesday, February 1 – Mounds View

Wednesday, February 1 – Rice Creek

Thursday, February 2 – Mounds View

Thursday, February 2 – Rice Creek

(Note the Red Cross will not be at OHQ)

To register, please log into the Mission in Motion website using the below link and search for the event Retiree - Medtronic/ARC Blood Drive

<https://medtronic.yourcause.com/yourcause-ss0/contractorlogin.aspx?subdomain=medtronic>

*If you do not have computer access, please call Judy Bergman at 651-295-4507 to register. If you need help with the website, please contact Alison Stinar at [astinar@yourcause.com](mailto:astinar@yourcause.com).*

### **Habitat for Humanity – North Minneapolis, Thursday, February 9**

***Registration is open\**** We will be volunteering at a home in North Minneapolis doing some form of interior finish work from 8:30 a.m. to 4:30 p.m. Water and lunch will be provided. The specific address will be given to the volunteers before the event. To register, please log into the Mission in Motion website using the below link and search for the event Retiree – Habitat for Humanity.

<https://medtronic.yourcause.com/yourcause-ss0/contractorlogin.aspx?subdomain=medtronic>

*If you do not have computer access, please call Judy Bergman at 651-295-4507 to register. If you need help with the website, please contact Alison Stinar at [astinar@yourcause.com](mailto:astinar@yourcause.com).*

## **OTHER COMMUNITY OPPORTUNITIES FOR VOLUNTEERS:**

### **Habitat for Humanity - ReStore**

Volunteers needed to help run ReStore, the Habitat building supply consignment shop. Building supplies are donated to Habitat by local construction companies. There are two locations – New Brighton and South Minneapolis. Hours of work are flexible to the volunteer's schedule. For more information or to volunteer go to the following website: <http://www.habitat.org/restores>

### **American Cancer Society – Road to Recovery**

Donate your passenger seat to help save lives. Volunteer to drive cancer patients to treatment. One of the biggest roadblocks to cancer care is transportation. That's why the American Cancer Society Road to Recovery program helps provide patients with free rides to treatment. For more information or to register go to <http://www.cancer.org> or call 1-800-227-2345.

**OTHER COMMUNITY OPPORTUNITIES:** Please check the following websites for other individual and small group volunteer opportunities:

<http://www.volunteermatch.org/search/index.jsp?r=20.0&aff=&l=Minneapolis%2C+MN%2C+USA&o=recency&s=11>

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**MEDTRONIC FOUNDATION GRANTS  
(VOLUNTEER AND MATCHING DONATIONS)**

To log your hours for the 25-hour annual Volunteer Grants *and* to match your monetary donations to qualifying charitable organizations dollar for dollar through Medtronic Foundation's Matching Grants program, go to the Mission in Motion website at <http://medtronic.yourcause.com/yourcause-ssso/contractorlogin.aspx?subdomain=medtronic>.

If you have never used the site before, fill out the Retiree Registration form here: <https://medtronicfoundation.wufoo.com/forms/medtronic-retiree-registration/>. Submit your e-mail address. Within 48 hours, you will receive login credentials for the Mission in Motion community accessed above through Google, Chrome, Firefox, Safari, or Internet Explorer

For questions about this process or website, contact Noi Keothammakhoun at [noi.keothammakhoun@medtronic.com](mailto:noi.keothammakhoun@medtronic.com) or Alison Stinar at [astinar@yourcause.com](mailto:astinar@yourcause.com).

The MEDTRONIC VSP GROUP offers

# MILLION DOLLAR QUARTET

THE MUSICAL

at the



A true story set on December 4, 1956, when an extraordinary twist of fate brought **ELVIS PRESLEY, JOHNNY CASH, JERRY LEE LEWIS and CARL PERKINS** together at Sun Records for one of the greatest jam sessions ever. MILLION DOLLAR QUARTET brings that legendary night to life, featuring a score of rock hits including “Blue Suede Shoes”, “Fever,” “That’s All Right,” “Great Balls of Fire,” “Walk the Line,” “Whole Lotta Shakin’ Goin’ On,” “Who Do You Love?” “Sixteen Tons.” “Folsom Prison Blues,” “Hound Dog” and more. Run length of show is 1:45 with no intermission.

**Wednesday, February 15, 2017**

**Open seating, doors open at 1:00 pm – Show begins at 1:30 pm**

**For your convenience, transportation will be provided. Musical and transportation is \$30 per person.**

Bus leaves at: 12:15 pm  
Pickup Location: Target (694/Central Ave.) Fridley MN (Park in in SE corner of the lot)  
Return time: Approximately 4:30 pm  
Registration deadline: Wednesday, February 1, 2017  
Direct questions to: Jan Miskowic 612-801-5649 or e-mail – [miskojan@hotmail.com](mailto:miskojan@hotmail.com)

Make checks payable to **Medtronic VSP and mail with completed form to:**  
**Denise Corbett,**  
**1601 Rice Creek Road NE**  
**Fridley, MN 55443**

Registration: **Name (s):** \_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_ (number) of attendees @ \$30.00 each = Total enclosed \$ \_\_\_\_\_

\_\_\_\_\_ # riding the bus to Old Log Theatre

\_\_\_\_\_ I/we will be driving on our own.

Please provide a cellphone number so that we can contact you on the day of event \_\_\_\_\_

If you would like to receive an e-mail confirmation, please provide your e-mail address below:

\_\_\_\_\_