VSP Newsletter April 2017



VSP Board

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Website: http://mdtretirees.org/

Learning - Connecting - Serving

VSP Spring Luncheon – May 10, 2017 – Sign Up Now! The Annual Meeting and Spring Luncheon for the Medtronic VSP Group is just around the corner. Plan to join the group on Wednesday, May 10^{th,} at Edinburgh USA. This luncheon is always very well attended and is a great opportunity to visit with your fellow retirees. Register by Tuesday, May 2. Registration form is at the end of this Newsletter. The guest speaker will be Mary Smith, Manager of Volunteer United at Greater Twin Cities United Way. This year we are asking retirees attending the luncheon to support this charity by donating a cleaning product or products (suggestions listed below) for Cleaning Supplies Baskets that are given by the United Way to individuals who are transitioning from homelessness. Here's the plan: A mop bucket will be provided and placed on each table at the luncheon. It is up to the individuals seated at that table to create a centerpiece using the items they have brought to donate. Here's a sample of what you can create. Cash donations will be used to purchase items for the buckets as well.



A complete basket consists of the following items

- Laundry Basket
- Laundry Detergent and Dryer Sheets
- Garbage Cans and Bags (Kitchen and bathroom sizes)
- Broom and Dust Pan, Mop and Bucket
- Dust Rags and Pledge
- Dish Soap, Comet, Pine Sol
- 409, Windex, Toilet Bowl Cleaner
- Aluminum Foil, Baggies, Saran Wrap
- Paper Towels, Napkins, Toilet Tissue

Retirement Celebration for New Retirees

Many long-time MDT employees are retiring in May. A celebration will be held for these new retirees as well as current retirees at the Mermaid in Mounds View. The downstairs area of the Mermaid is reserved beginning at **4:00 on Wednesday, May 31**. Hotel rooms at adjoining Americann are available for \$86.40 that night (mention MDT event for that price). This is an employee-funded event and donations will be appreciated. Limited appetizers available at 5:00. Cash bar available throughout the night. There will be an opportunity to thank Earl Bakken for his vision as well as visit with many people we have known for years. Contact Guy Bistram, 763-526-9672 or quy.bistram@medtronic.com with questions. Let's show these new retirees how awesome retirement is!

Join The Medtronic Foundation's Global Kickoff to Volunteerism

The Medtronic Foundation is launching Project 6, our annual global kickoff campaign to a new year of employee and retiree volunteerism. Demonstrate the sixth tenet of Medtronic's Mission, "To maintain good corporate citizenship as a company" from May 12 to July 14, 2017 by:

- Joining a Project 6 activity in your community;
- Leading a Project 6 activity in your community; or
- Logging your volunteer hours on the Mission in Motion website.

Join A Project:

Hundreds of volunteer activities are planned by employees in Medtronic communities around the world. Last year, 15,000 employees volunteered 62,000 hours in 48 countries serving 700+ charities. We encourage you to see volunteer activities are going on in your community.

Lead A Project:

Organize a Project 6 activity of your own! Each Project 6 Activity must be created on the Mission in Motion website. Through this platform, you can recruit and communicate with volunteers, log volunteer hours and tell the story of your event after it is completed.

Log Your Individual Volunteer Hours:

It is important for us to be able to tell a collective story of our global impact during Project 6. Report the hours you volunteered on your own on the Mission in Motion website.

We will be hosting training on how to become involved in Project 6 on Tuesday, April 25 at 12:00 pm CST. Click here to register to join us in person, online or to receive a recording of the training.

Contact Katie Troyer at the Medtronic Foundation with any questions: katie.troyer@medtronic.com

LUNCH & LEARN Presentation on April 18 – Sign Up Now!

At the Tuesday, April 18, 2017 Lunch & Learn event, you'll learn about some amazing medical device technology and enjoy time with other Medtronic retirees. It's a free mid-day educational activity featuring a unique medical device and procedure that touches many retired people. Plan to attend! Please RSVP.

Speaker: Brian Lee, *Senior Principal Systems Engineer and Technical Fellow*, Diagnostics and Monitoring Group, Medtronic *Cardiac Rhythm Heart Failure Business*

Topic: Reveal Insertable Cardiac Monitor- History, status, future (see Topic Overview below)

Date: Tuesday, April 18, 2017

Time: 11:30am - 1:15 pm, Program starts at noon

Place: Operations Headquarters Campus (OHQ), Executive Dining Room (near café)

Invitees: All Medtronic VSP Retiree Group members and their significant others

Cost: Free

Please RSVP: If you expect to attend, please email Jerry at p<u>i65@comcast.net</u> or call 651.633.0281 **Meeting Logistics**:

- 11:30 am Arrive at the (710 Medtronic Pkwy NE) OHQ Visitor Entrance (via employee parking ramp) and sign-in. If brown-bagging, you'll be directed to the meeting room. If buying lunch, proceed to the cafeteria and then to the meeting room.
- 11:30 Lunch (brown bag or buy lunch at the cafe)
- 12:00 Introductions and planning
- 12:10 pm Speaker (about 65-minute presentation with Q&A)
- 1:15 Program complete
- 2:00 Event Adjourned

Topic Overview:

The unique *Medtronic Reveal Insertable Cardiac Monitor* was invented by Medtronic. It represents an entirely new implantable device category, currently holding 95+% of the Implantable Diagnostics market.

Brian Lee, the primary inventor, will share the challenging early tribulations and history of *Reveal*. He will also demonstrate the newest breakthrough *Reveal LINQ* technology that has propelled *Reveal* ICM's to \$400+million in sales this past year. Understand important design considerations, inspect actual devices, and hear predictions for the future.

Discounted Tickets for MN Twins and St. Paul Saints

Spring has sprung which means baseball season is here! The Minnesota Twins and the St. Paul Saints are members of MERSC and are offering discounted tickets for various games during their 2017 season. See flyers at the end of this newsletter for a list of games and how to order your tickets.

Medtronic VSP Project Warm Hearts Volunteer Opportunity

Project Warm Hearts is a group of Medtronic retirees or spouses who knit, crochet or sew items for community donation. Organizations identified to receive the handcrafted items include Greater Minneapolis Crisis Nursery, Bridging, People Serving People, Life Haven, Salvation Army, Bundles of Love, Alexandra House and Stepping Stone Emergency Housing. Once a retiree volunteers 25 hours creating items for any of these charitable organizations, a \$500 annual Medtronic Philanthropy Grant can be sent in their name. Please contact Karen Kutzner at kutznk@msn.com or 763-560-7995 if you would like to join the group, for additional information, or to contribute yarn, cotton or flannel fabric to the Project Warm Hearts volunteer group. The next meeting is scheduled for Friday, April 28, 1:00 - 2:30 p.m. at Medtronic OHQ EDU LE-1F.

VSP VOLUNTEER REPORT

Habitat for Humanity

We are looking for retirees and/or spouses to become part of a crew that regularly volunteers at Habitat for Humanity. To be part of a regular crew, Habitat for Humanity expects a minimum of 1 volunteer day per month during the months of September – May. The volunteer day is from 8:30 a.m. – 4:00 p.m. and the crew size would be 8 – 12. We are also looking for a crew leader who would communicate with Habitat for Humanity to schedule shifts and communicate to the rest of the crew. If you are interested in being part of the crew and/or the crew leader, please contact Judy Bergman at bergmanj3@comcast.net or (651) 295-4507. (Please note: no special skills are needed to be part of the crew or the crew leader.)

Thank you to these VSP members for volunteering at Daffodil Days on March 7: Judy Bergman, Bonnie Christy, Denise Corbett, Andrea DuCharme, Janice Jorgens, Dianne Ohlenkamp and Ron Stuedemann. The VSP group partnered with the Medtronic FOCUS group in supporting the American Cancer Society's Daffodil Days campaign. 355 bunches of daffodils were sold @ \$10 per bunch and 16 bunches were designated as Gift of Hope (flowers donated to a local cancer patient). The dollars raised from the daffodil sales support the American Cancer Society mission by providing financial support for their patient programs and services and helps fund ground breaking cancer research for all types of cancer.

Thank you to these VSP and family members for volunteering at The Food Group on March 22: Sue Ahlstrom, Judy Bergman, Ruel Carpenter, Joanne Cramer, Andrea DuCharme, Rick Haws, Ken Heruth, Janice Jorgens, Karen Kutzner, Kurt Kutzner, Jean Testerman, Roy Testerman, Diana Ursin and Tom Ursin. The group packed 8,400 pounds of mega meats. Each volunteered packed 583 meals.

FUTURE VSP TEAM VOLUNTEER EVENTS:

- Bridging April 20
- Feed My Starving Children May 18
- Second Harvest Heartland June 15

Bridging - Roseville, Thursday, April 20

Registration is open*! We will be volunteering from 1:00 p.m. - 3:30 p.m. at their Roseville location. 1730 Terrace Drive. To register, please log into the Mission in Motion website using the below link and search for the event Retiree – Bridging. https://medtronic.yourcause.com/basic. If you do not have computer access, call Judy Bergman at 651-295-4507 to register. If you need help with the website, please contact the YourCause Customer Advocacy Team at 866-751-6031 or medtronic-support@yourcause.com.

Feed My Starving Children, Thursday, May 18

Registration is open*! We will be volunteering from noon – 2:00 p.m. at their Coon Rapids location – 401 93rd Avenue N.W. To register, please log into the Mission in Motion website using the below link and search for the event Retiree – Feed My Starving Children. https://medtronic.yourcause.com/basic If you do not have computer access, please call Judy Bergman at 651-295-4507 to register. If you need help with the website, please contact the YourCause Customer Advocacy Team at 866-751-6031 or medtronic-support@yourcause.com

Second Harvest Heartland - Golden Valley, Thursday, June 15

Registration is open*! We will be volunteering from 1:00 – 3:30 p.m. at their Golden Valley location – 6325 Sandburg Road. To register, please log into the Mission in Motion website using the below link and search for the event Retiree – 2HH Golden Valley. https://medtronic.yourcause.com/basic
If you do not have computer access, please call Judy Bergman at 651-295-4507 to register. If you need help with the website, please contact the YourCause Customer Advocacy Team at 866-751-6031 or medtronic-support@yourcause.com.

OTHER COMMUNITY OPPORTUNITIES FOR VOLUNTEERS:

The Food Group

The Food Group has individual volunteer shifts on select Tuesdays from 9:00 – 11:00 a.m. To see dates available and RSVP go to www.thefoodgroupmn.org/tuesdays or contact Dan Johnson at djohnson@thefoodgroupmn.org or 763-450-3889.

Habitat for Humanity - ReStore

Volunteers needed to help run ReStore, the Habitat building supply consignment shop. Building supplies are donated to Habitat by local construction companies. There are two locations – New Brighton and South Minneapolis. Hours of work are flexible to the volunteer's schedule. For more information or to volunteer go to the following website: http://www.habitat.org/restores

American Cancer Society – Road to Recovery

Donate your passenger seat to help save lives. Volunteer to drive cancer patients to treatment. One of the biggest roadblocks to cancer care is transportation. That's why the American Cancer Society Road to Recovery program helps provide patients with free rides to treatment. For more information or to register go to http://www.cancer.org or call 1-800-227-2345.

OTHER COMMUNITY OPPORTUNITIES: Please check the following websites for other individual and small group volunteer opportunities:

 $\frac{\text{http://www.volunteermatch.org/search/index.jsp?r=20.0\&aff=\&l=Minneapolis\%2C+MN\%2C+USA\&o=recence}{\text{cy\&s=11}}$

MEDTRONIC FOUNDATION GRANTS (VOLUNTEER AND MATCHING DONATIONS)

To log your hours for the 25-hour annual Volunteer Grants *and* to match your monetary donations to qualifying charitable organizations dollar for dollar through Medtronic Foundation's Matching Grants program, go to the Mission in Motion website at https://medtronic.yourcause.com/basic

If you have never used the site before, fill out the Retiree Registration form here: https://medtronicfoundation.wufoo.com/forms/medtronic-retiree-registration/. Submit your e-mail address. Within 48 hours, you will receive login credentials for the Mission in Motion community accessed above through Google, Chrome, Firefox, Safari, or Internet Explorer. For questions about this process or website, contact Noi Keothammakhoun at noi.keothammakhoun@medtronic.com or the YourCause Customer Advocacy Team at 866-751-6031 or medtronic-support@yourcause.com.





2017 MERSC DISCOUNT!

Attention Employees of all MERSC Member Organizations! Take advantage of this special Minnesota Twins ticket offer for games this summer at Target Field!

MERSC SEATING LIMITED: AVAILABLE ON FIRST COME, FIRST SERVED BASIS ONLY.

NEW IN 2017: TWO SEATING OPTIONS-- LOWER LEVEL SEATS NOW AVAILABLE

Lower Level FIELD BOX Seats:

\$ 22 (Extra Value), \$29 (Value), \$36 (Select), \$43 (Premium), \$51 (Elite)

Club Level THE DECK Seats:

\$ 15 (Extra Value), \$21 (Value), \$27 (Select), \$33 (Premium), \$43 (Elite)

A Family of Four Can Save almost 20% to 30%+ savings (via phone.)

Savings varies by game date/type. Compared to traditional Twins ticket orders via phone, including handling charges.

Print your tickets at home/office to eliminate mailing fees.

Two Ways to Order: Select your game(s) from the list below. (Offer available for these dates only)

- 1. Go to: www.twinsbaseball.com/mersc
 - Click on the first game date you'd like to purchase.

 - Per ticket/per order fees will be added to each purchase. Fees may vary by game type.
- 2. or CALL 1-800-33-TWINS (hit "0" to speak to an attendant)
 - At the START of your call, be sure to reference the special MERSC promotion.
 - A \$5 service/handling fee will be added to each order.

| Saturday, April 15, 1:10 PM | Twins w. | White Sox | Select Game |
|---------------------------------|-----------|--------------|------------------|
| Tuesday, April 18, 7:10 PM | Twins w. | Cleveland | Extra Value Game |
| Sunday, April 23, 1:10 PM | Twins w. | Tigers | Value Game |
| Tuesday, May 2, 7:10 PM | Twins w. | A's | Extra Value Game |
| Wednesday, May 3, 7:10 PM | Twins w. | A's | Value Game |
| Saturday, May 6, 1:10 PM | Twins w. | Red Sox | Premium Game |
| Sunday, May 7, 1:10 PM | Twins w. | Red Sox | Select Game |
| Saturday, May 27, 1:10 PM | Twins w. | Rays | Select Game |
| Monday, May 29, 1:10 PM | Twins w. | Astros | Select Game |
| Monday, June 12, 7:10 PM | Twins w. | Mariners | Select Game |
| Friday, June 16, 7:10 PM | Twins w. | Cleveland | Elite Game |
| Saturday, June 17, 1:10 PM | Twins vs. | Cleveland | Elite Game |
| Sunday, June 18, 1:10 PM | Twins w. | Cleveland | Premium Game |
| Wednesday, June 21, 7:10 PM | Twins w. | White Sox | Select Game |
| Tuesday, July 4, 1:10 PM | Twins w. | Angels | Premium Game |
| Saturday, July 8, 1:10 PM | Twins w. | Orioles | Elite Game |
| Tuesday, July 18, 7: 10 PM | Twins w. | Yankees | Premium Game |
| Saturday, July 22, 6:10 PM | Twins vs. | Tigers | Elite Game |
| Sunday, July 23, 1:10 PM | Twins w. | Tigers | Premium Game |
| Saturday, August 5, 6:10 PM | Twins w. | Rangers | Elite Game |
| Friday, August 18, 7:10 PM | Twins w. | Diamondbacks | Premium Game |
| Sunday, August 20, 7:10 PM | Twins vs. | Diamondbacks | Select Game |
| Tuesday, September 12, 7:10 PM | Twins w. | Padres | Extra Value Game |
| Saturday, September 16, 6:10 PM | Twins w. | Blue Jays | Select Game |
| Friday, September 29, 7:10 PM | Twins w. | Tigers | Value Game |
| Sunday, October 1, 1:10 PM | Twins w. | Tigers | Value Game |





Medtronic VSP Spring Luncheon

Wednesday, May 10, 2017

Arrival and Social Hour - 11:00 – Noon Lunch served at Noon

Edinburgh USA, 8700 Edinbrook Crossing, Brooklyn Park, MN 55443

(Hwy #252, west on 85th Ave. 1 ½ miles to Edinbrook Crossing and turn right) www.edinburghusa.org

Highlands Ballroom (located upstairs)

Our guest speaker is Mary Smith, Manager of Volunteer United at Greater Twin Cities United Way. We are asking those attending to help support United Way by donating items for Cleaning Supplies Baskets that will be given to those transitioning from homelessness. The items needed for each basket are listed in the March Newsletter within the article VSP Spring Luncheon.

Entrees Choices

Chicken Marsala – sautéed Breast of Chicken, Button Mushrooms with Marsala Wine Sauce – \$17

Sautéed Walleye – Canadian Walleye Fillets, Toasted Almonds and Capers with Lemon Garlic Butter Sauce – \$22

Spring Vegetable Cavatappi – Spiral Pasta with Baby Spinach, Artichokes, Broccoli, Asparagus, Plum Tomatoes, Red Onion and Summer Squash in a Light Mushroom Sauce - \$16

Entrées will be accompanied with Two-Potato Hash with Spring Vegetables and served with a Spinach Salad, freshly-baked artisan sourdough baguette, sweet butter, coffee or tea. A dessert will also be included with your meal.

Meal prices include tax and gratuity. A portion of the meal cost is being paid by the VSP Group.

SPRING LUNCHEON REGISTRATION

(Registration Deadline: Tuesday, May 2nd)

| Retiree Name | 9 | | |
|-----------------------------------|--------------------------------------|----|--|
| Guest Name | | - | |
| Phone | E-mail | _ | |
| (| Chicken Marsala @ \$17 | \$ | |
| \$ | Sauteed Walleye @ \$22 | \$ | |
| Spring Vegetable Cavatappi @ \$16 | | | |
| | Amount Enclosed | \$ | |
| | Check # | | |
| Please make | your check payable to: Medtronic VSP | | |

Mail to:

Denise Corbett

Fridley, MN 55432

1601 Rice Creek Road NE